



**KENNEBEC VALLEY COMMUNITY COLLEGE
FAIRFIELD & HINCKLEY, MAINE**

Approval Date: 5/19/15

Rotation: Spring

Year: 2018

COURSE NUMBER: MHT218
COURSE TITLE: Substance Abuse Counseling for Special Populations
CREDIT HOURS: 3
CLOCK HOURS: 45

INSTRUCTOR: Kathleen Dumont
VOICE MAIL: Please speak with her before or after class or send an email
E-MAIL ADDRESS: kdumont@kvcc.me.edu
OFFICE: N/A
OFFICE HOURS: Please email Instructor to schedule a time to talk.

TEXTS:

All reading materials available in Blackboard and/or provided by the Instructors.

OTHER MATERIALS:

Additional reading materials may be provided by your Instructor.

COURSE DESCRIPTION:

This course will examine current literature on substance abuse, paying particular attention to its impact on special populations. High risk populations will be discussed, as well as areas of need of specific populations. Students will read the required textbooks and participate in class discussions designed to help develop and enhance their learning.

COURSE OBJECTIVES:

Upon successful completion of this course, the student should be able to:

1. Understanding of theoretical and methodological approaches for examination of the substance use, abuse, and treatment.
2. Provide historical context for the development of the field of substance abuse.
3. Become familiar with the language of addiction treatment and of the scientific method, research methodology, and statistical analysis
4. Review the scientific method as it applies to the social science of substance abuse
5. Develop an appreciation for understand social and psychiatric problems using language

- common to the study of substance abuse assessment and treatment
6. Demonstrate proficiency in critical thinking (ELO)*.

** Essential Learning Outcomes demonstrate skills and knowledge related to general education learning outcomes as defined by the college. Specific rubrics within the course are used to assess these outcomes.*

COURSE CONTENT:

Lesson 1: Introduction to the Course
Lesson 2: Substance Use Disorders Overview
Lesson 3: Basic Neuropsychology and Genetic Issues
Lesson 4: Psychological, Social, Family, Cultural, and Spiritual Issues
Lesson 5: Change
Lesson 6: Nicotine Use Disorder
Lesson 7: Individuals who are Considered Alcoholics and Problem Drinkers
Lesson 8: The Opiate Epidemic
Lesson 9: Stimulant Use Disorder
Lesson 10: Cannabis Use Disorder
Lesson 11: Other Drugs
Lesson 12: Co-occurring Disorders – Part 1
Lesson 13: Co-occurring Disorders – Part 2
Lesson 14: Screening and Assessment Strategies
Lesson 15: Review and Summation

COURSE ACTIVITIES:

For each week in this class you will be assigned specific activities. These activities may include reading in the textbook, reading outside material, participation in discussions, quizzes on the text content, and reflection quizzes.

Lesson Plans

The entire course is divided into “Lessons” that cover specific topics and learning objectives in the class. The Lessons are listed in the Course Outline above. Each Lesson introduces you to specific subject matter and asks you to engage in a number of activities. These may include reading, exploring the web, researching, participating in online discussions, quizzes (multiple choice, short answer, and essay questions), and assignments (written work submitted as an attached document in a “drop box”)

Each Lesson consists of:

- A Lesson Plan that outlines the content and provides detailed instructions as to any assignments
- Direct links to any Discussions, Assignments, or Quizzes that go along with that Lesson.

All the Lessons are located in the “Lessons” folder. Click on the Lessons link in the course Menu.

Online Discussions

Online discussions form the backbone of an online class. It is very important for you to participate actively and fully in these discussions. These discussions will be graded and will be available for a specified amount of time (Monday morning until Sunday night on a given week in the course). You are required to participate in these discussions following the instructions that will be provided to you in the online Lessons. Within Blackboard you will find a copy of the rubric that will be used to grade your discussion submissions.

You are, of course, encouraged to post many times through the week. You are also encouraged to post EARLY in the week so that you can benefit from others' responses to your post and so that others may benefit from your responses. Please review the online document titled "Course Expectations and Policies".

Lesson Quizzes/Assignments

These quizzes will consist of questions related to activities I assign in the class, the content of the discussions, or information you gather from research. Within each Lesson outlined you will be provided with a lists of ALL the questions in the specific quiz. You should prepare your answers ahead of time and then enter these answers into the appropriate online quiz. Quizzes must be completed by the end of the week in which they are assigned. You may be able to work ahead on some of these quizzes as well. You can find all the due dates for the weekly homework within the Course Navigator in Blackboard.

Extensions on the due dates for quizzes may be allowed with sufficient reason; however, I reserve the judgment to not grant an extension. If you anticipate needing extra time it is best to get in touch with me PRIOR to the due date.

Other Quizzes

There will be additional quizzes on other reading materials

Special Assignments

Special Assignments relate to specific assignments created to measure general education learning outcomes and the Essential Learning Outcomes identified by the college. ELOs are marked by a single asterisk (*) in the course Learning Outcomes while other general education learning outcomes are marked by a double asterisk (**).

- Critical Thinking Special Assignment **

A paper discussing AA/abstinence model vs. Controlled drinking/harm reduction model. More information will be provided within the class.

GRADING:

1) Graded Discussions and Attendance	20%
2) Lesson Quizzes and Assignments	40%
3) Book Quizzes	30%
4) Special Assignment	10%
Final Grade.....	100%

GRADING SCALE:

This course follows the standard KVCC grading scale, which can be found in the KVCC College catalog. Our program needs to follow the performance standards set by the State of Maine for the MHRT/C Certification. Please note that any grade below a C will be documented as an F. The rationale to this is that students who do not master more than 72% of the material in this class are not prepared to meet the expectations of future classes or programs that require this course. It simply means that you have not learned enough material to really say that you have “passed” the class.

Please also be aware of the late work policy in this course:

Items submitted 1 – 7 days late will lose 10 points.

Items submitted 8 – 14 days late will lose 20 points.

Items submitted 15-21 days late will lose 30 points.

Items submitted 22 days late or more will receive a zero points for the assignment.

Please submit your work on time to be eligible to receive full points. For example, if your paper is 3 days late then you start with a maximum grade of 90 before the Instructors reviews the homework then you may lose additional points based on the homework expectations.

ATTENDANCE POLICY:

Please review the online document titled “Course Expectations and Policies” which can be found in Blackboard. I believe that regular participation in a class is a reflection of the person’s commitment to their education. I expect each of you to be active participants in this class weekly and attendance (via discussions and other online activities) will be recorded weekly. Attendance is measured by the completion of the weekly assignments in Blackboard. If you do not complete any of the weekly assignments, you will be considered absent. Each week absences are recorded in the KV Portal (in the academic record). If a student has more than 4 absences, then he/she will automatically be either withdrawn by the instructor or will fail the class based on attendance alone.

COURSE REQUIREMENTS:

The MHRT/C is a competency-based certification. The following competencies associated with this course have been deemed by the Maine Department of Mental Health Services as necessary to work in the field.

<http://muskie.usm.maine.edu/cfl/MHRT/2008%20Guidelines.pdf>

1. Aware of prevalence and common effects of co-occurring disorders (substance abuse and mental health)
2. Aware of screening and assessment strategies for co-occurring disorders (substance abuse and mental health)
3. Aware of stages of recovery of persons who have co-occurring disorders
4. Knowledgeable about resources to assist in recovery process for persons who experience co-occurring disorders
5. Aware of the need to evaluate effectiveness of personal practice
6. Understands effective use of supervision
7. These outcomes are assessed utilizing a specific set of assignments standardized within

the context of the course.

INSTRUCTOR POLICIES:

If you have any questions about this course please contact your Instructor via email at kdumont@kvcc.me.edu.

STUDENTS WITH DISABILITIES (2016/2017)

Kennebec Valley Community College welcomes students with disabilities, and in accordance with state and federal laws, KVCC is committed to assisting students with disabilities to achieve their educational goals.

In order to receive reasonable accommodations for this course:

- Students must contact the Director of Learning Commons at 453.5084 or cjohnson2@kvcc.me.edu
- Students must provide current, appropriate documentation of their disability
- Students must make a timely request for accommodation to the Director of Learning Commons
- Accommodations will not be provided until the faculty member receives a letter requesting accommodations. This letter is created with the director of learning commons and is supported by the documentation of stated disability
- Requests for accommodation(s) must be renewed each semester for each course

To begin this process, please contact Christy Johnson, Director of Learning Commons at cjohnson2@kvcc.me.edu or 207.453.5084.

NOTICE OF NON-DISCRIMINATION (2017):

Kennebec Valley Community College is an equal opportunity/affirmative action institution and employer. KVCC does not discriminate on the basis of disability in the admission to, access to, or operation of its programs, services or activities. Students requesting classroom accommodation should be forwarded to the Director of the Learning Commons, Lunder Library, phone: 453-5084.

Complaints about College decisions related to disability accommodations or discrimination must be forwarded to the Dean of Student Affairs, Enrollment Services Center, 92 Western Avenue, Fairfield, ME 04937, phone: 453-5822.